# Immunofluorescence and Skin Biopsies

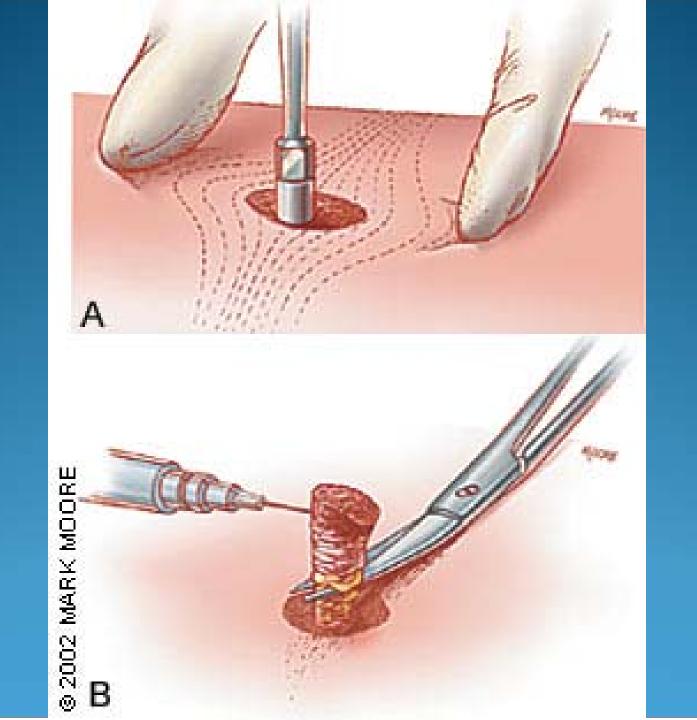
Paul K. Shitabata, M.D. Dermatopathology Institute



#### **Technical Considerations**



- Storage of slides at room temperature <11 month
- Michel's or Zeus solution and kept from light



## Specific Diseases

Pemphigus or pemphigoid, skin	1 <sup>st</sup> biopsy edge of lesion 2 <sup>nd</sup> 3 mm from lesion
Pemphigus or pemphigoid, oral	1 <sup>st</sup> biopsy 3mm from lesion 2 <sup>nd</sup> at edge
Purpura/ vasculitis	10 mm from lesion
Stasis	Edge of lesion

## Specific Diseases

Dermatitis herpetiformis	Biopsy normal skin 3mm from lesion
Porphyria/ Pseudoporphyria	Biopsy from edge of a fresh lesion with edge of normal skin

## Disorders Excluded With Negative IF

- IgA pemphigus
- Pemphigus
- Bullous pemphigoid
- DLE
- SLE
- IgA vasculitis/Henoch-Schonlein Purpura

## Disorders with Negative/Nonspecific IF

- Subcorneal pustulosis
- Hailey-Hailey disease
- Bullous impetigo
- Grover's disease
- Acantholytic PR
- Bullous insect bite
- Bullous drug eruption
- Lichen planopilaris
- Drug induced lichenoid photodermatitis
- Non-IgA associated vasculitis

## The dermal-epidermal basement membrane

Plasma Membrane 00100 00100 00100 Intermediate filaments: keratins 4, 15

Hemidesmosome: 200 kD protein, BP180,  $\alpha 6\beta 4$  integrin, BP230, HD1

Lamina Lucida: laminin-1, nidogen Anchoring filaments: laminin-5, laminin-6, LAD-1. uncein, LH39 antigen

Lamina Densa: HSPG, type IV collagen

Anchoring fibrils: type VII collagen

Anchoring plaques: type IV collagen

#### Basement Membrane Components

- Bullous pemphigoid antigens (BP 220/BP180)
- Epiligrin (Laminin 5)
- Uncein
- Ladinin (LAD-1)
- EBA antigen (Noncollagenous domain of type VII collagen)

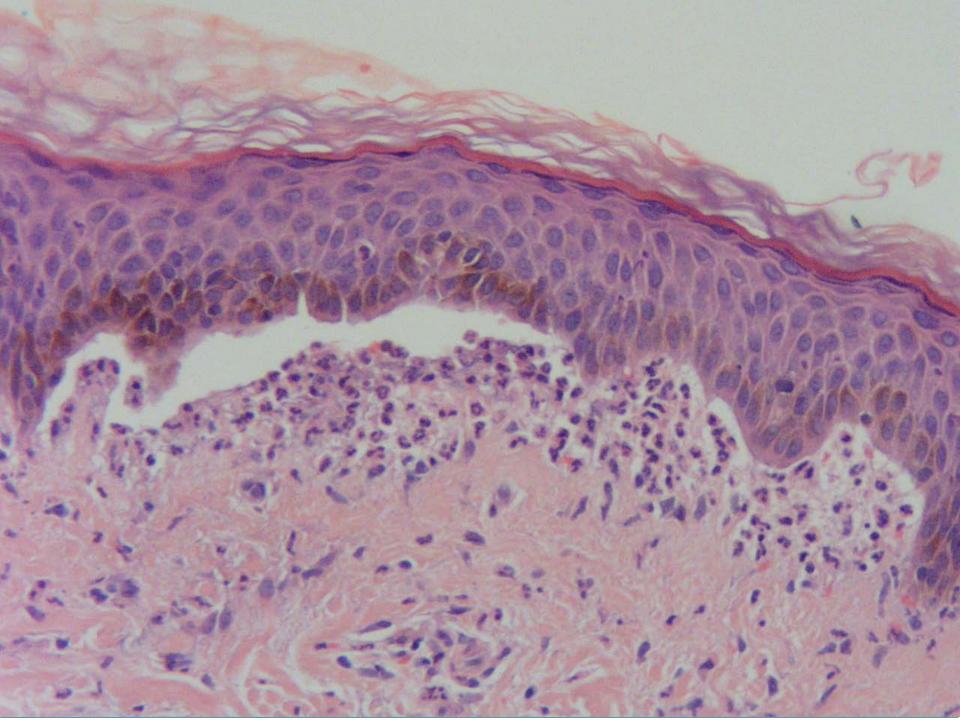
## **Location of Components**

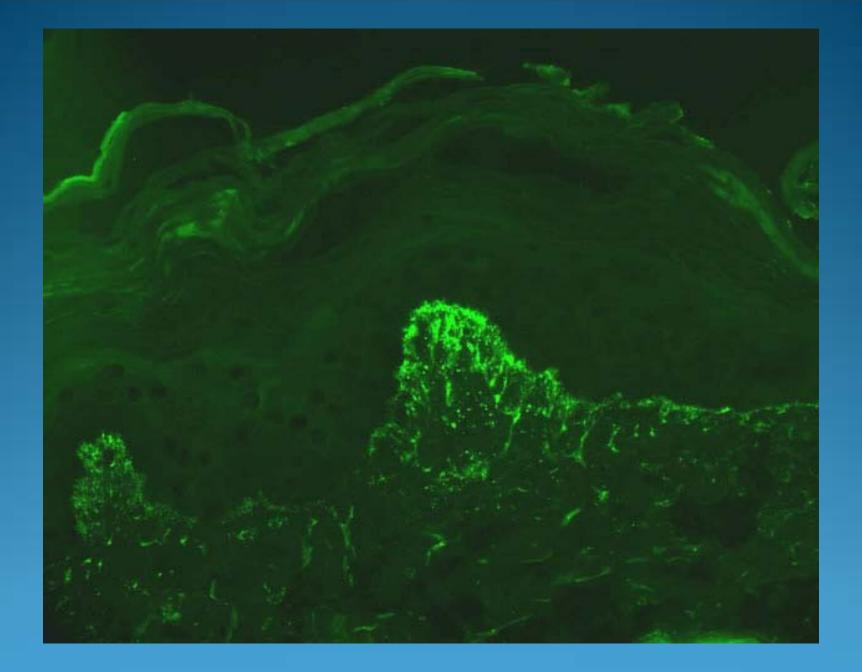
Plasma membrane	BP antigen
Lamina lucida	Laminin
Lamina densa	Type IV collagen EBA antigen Heparin sulfate

Component	Disease
Epiligrin	Anti-epiligrin cicatricial pemphigoid Some junctional EB
Uncein	Overlap syndrome with features of CP and EBA
Ladinin (LAD1)	Chronic bullous disease of childhood Linear IgA disease
EBA antigen	EBA









## Dermatitis Herpetiformis

#### Dermatitis Herpetiformis



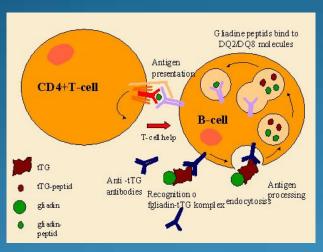
- Flesh-colored-to-erythematous vesicles appear in a herpetiform pattern
- Symmetrically distributed over extensor surfaces including elbows, knees, buttocks, shoulders, and the posterior (nuchal) scalp
- Erythematous papules and urticarialike plaques occur less frequently, bullae rare
- Burning, stinging, and intense pruritus, often precede new lesions
- Oral mucosa lesions rare
- Palms and soles usually spared

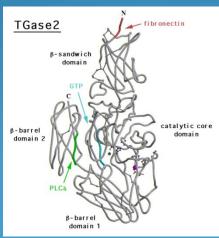
#### Dermatitis Herpetiformis and Sprue



- Majority have some degree of gluten sensitive enteropathy although usually asymptomatic
  - <10% severe
  - **20-30%** mild
  - GI disease can be induced by increased gluten intake
- Gluten-free diet results in normalization of mucosal and skin lesions
  - Resumption of a glutencontaining diet results in recurrence of skin lesions

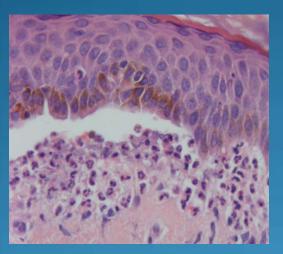
#### Serum Tests

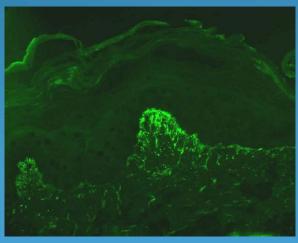




- IgA endomysial Ab
  - 80% of DH and all of atypical DH
  - Gluten free diet leads to decreased levels

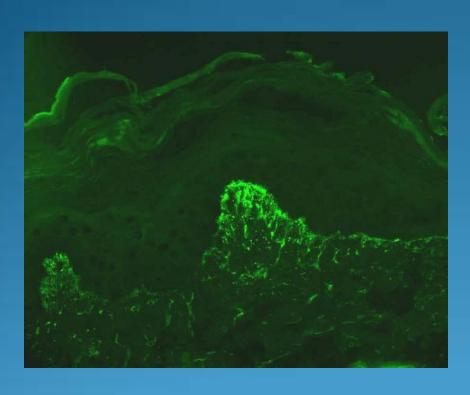
#### Dermatitis Herpetiformis Histopathology





- Biopsy from normal skin about 3 mm. from the lesion
- Neutrophils may degrade IgA
- DIF necessary, rule out Linear IgA disease and subepidermal bullous dermatoses

## Clues in a monkey's gut!

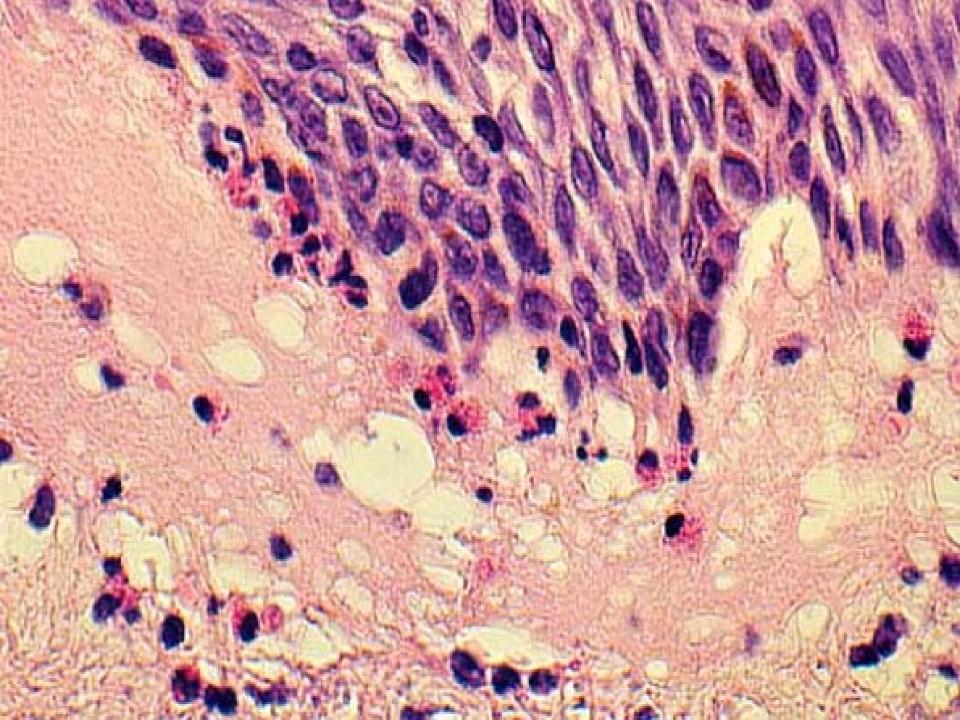


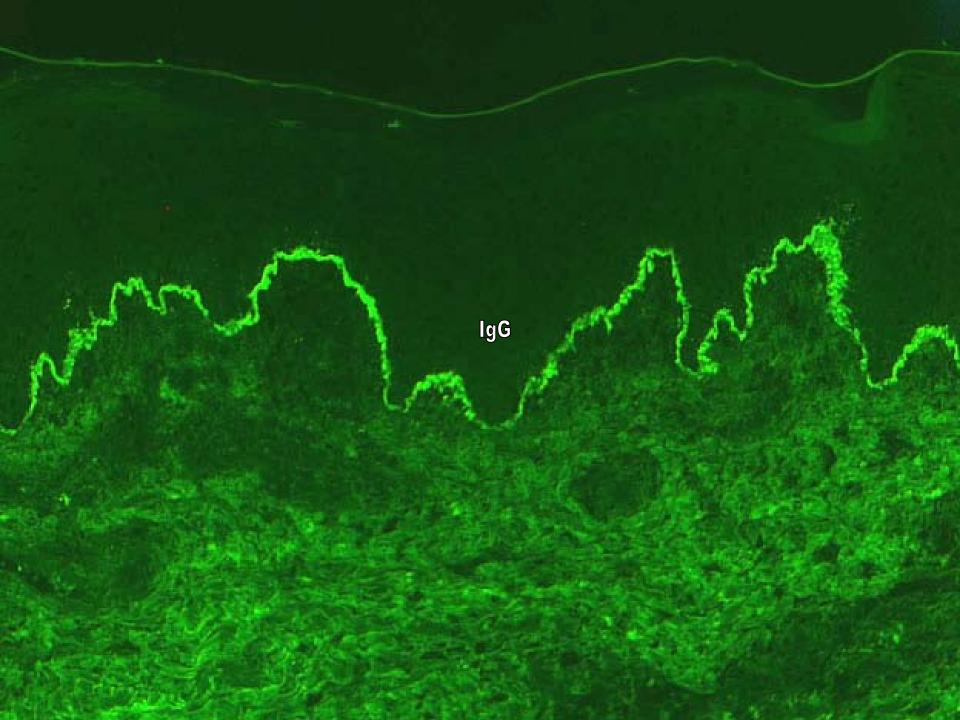
- Anti-endomysial Ab bind to reticular structures in smooth muscle in primate esophagus
  - 99% specific for gluten sensitive enteropathy
  - Occur in >80% of DH cases
    - >95% of DH cases with villous atrophy
  - Not affected by dapsone but decreased with gluten free diet
  - If gluten reintroduced, skin lesions precede AEmA and AEmA reappears before villous atrophy

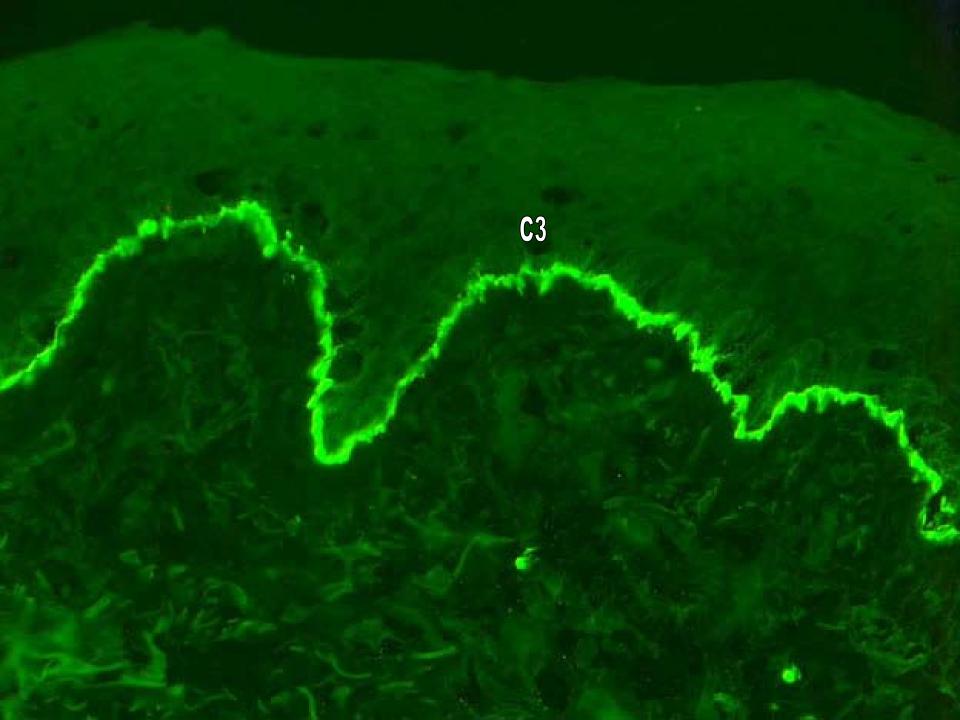
## Location of Biopsy

Skin blister	3 mm biopsy with both the edge of a fresh
	lesion and some adjacent normal skin
Mucosa	Perilesional with normal intact mucosa
Screen	Edge of fresh skin and include scale, if possible





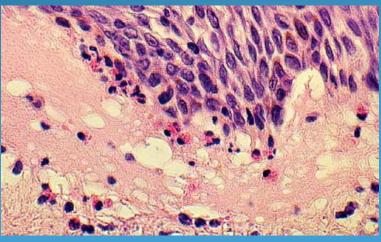




## **Bullous Pemphigoid**

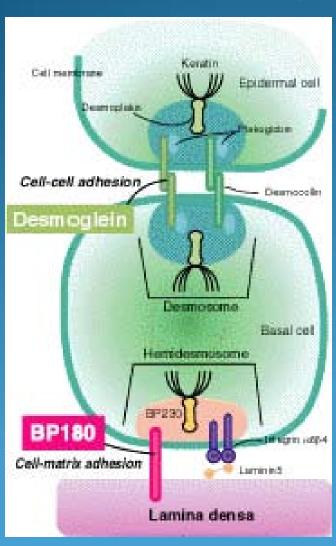
## **Bullous Pemphigoid**





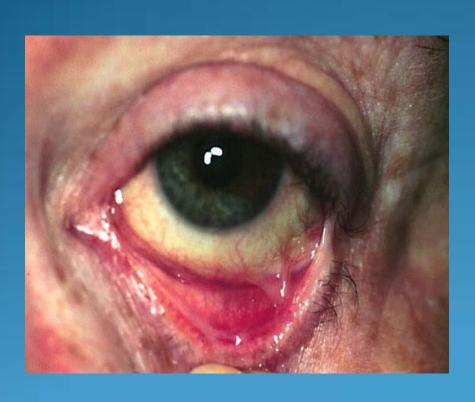
- Tense bullae on erythematous base
- Negative Nikolsky
- Subepidermal bullous dermatosis with eosinophils
- DDX: Herpes gestationis, Bullous LE, Cicatricial pemphigoid

## Bullous Pemphigoid Antigen



- BPAg1 (220kd)
  - Intracellular associated with hemidesmosomes
  - Homology with desmoplakin
  - 70% of BP pts have circulating Ab to this
- BPAg2 (18okd)
  - Intra and extracellular with collagen-like domains
  - Also called collagen XVII
  - Extramembranous protion is antigenic epitope site for BP and HG

## Cicatricial Pemphigoid

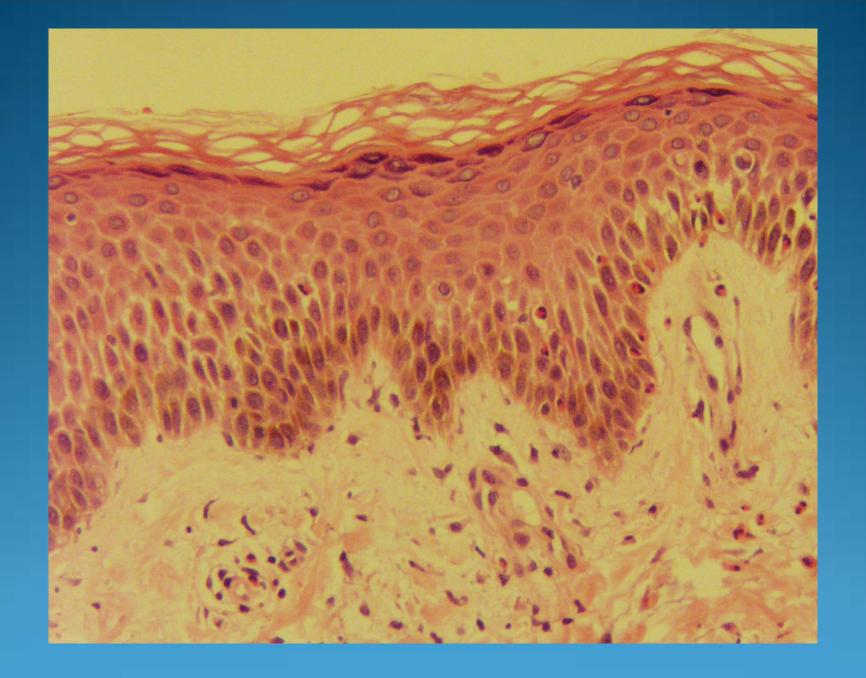


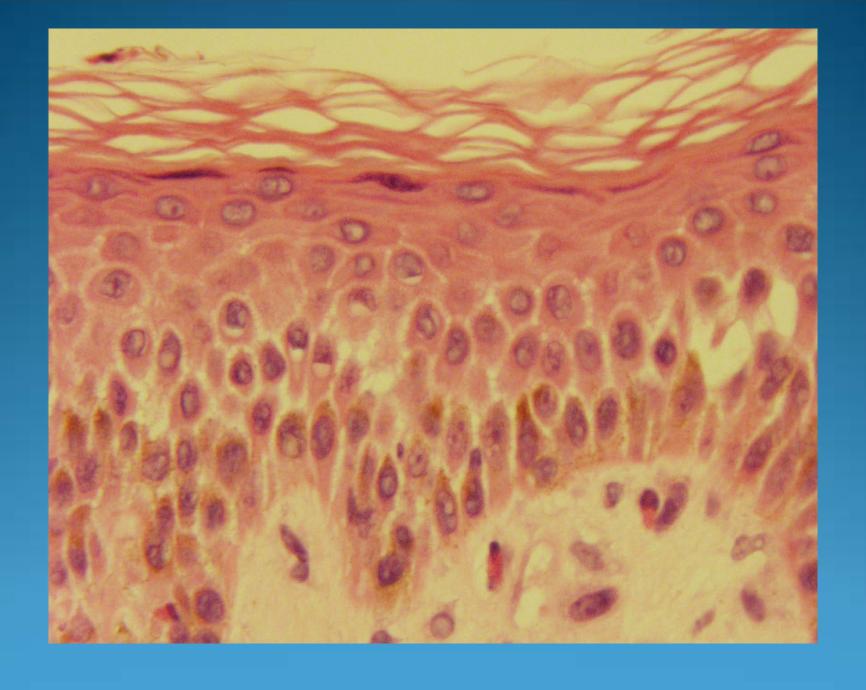
- Brunstig-Perry variant
  - Scarring blisters on head and neck
  - Mucosa rare
- Antiepiligrin variant
  - Associated with malignancy including endometrial, lung, and stomach
  - May be paraneoplastic blistering disease

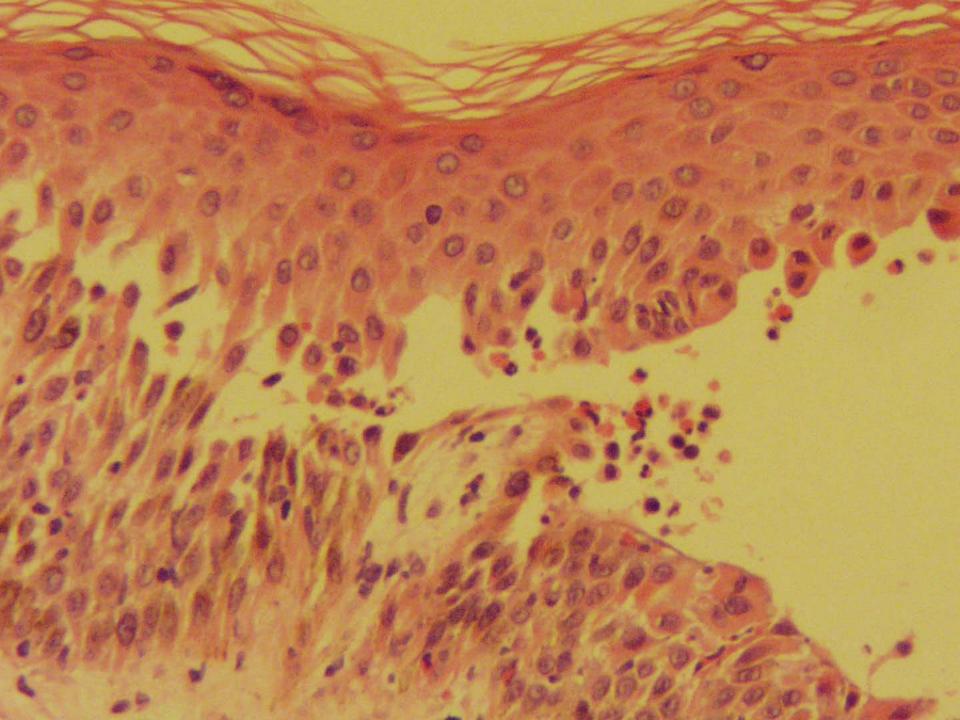
#### Cicatricial Pemphigoid-Histopath/IF

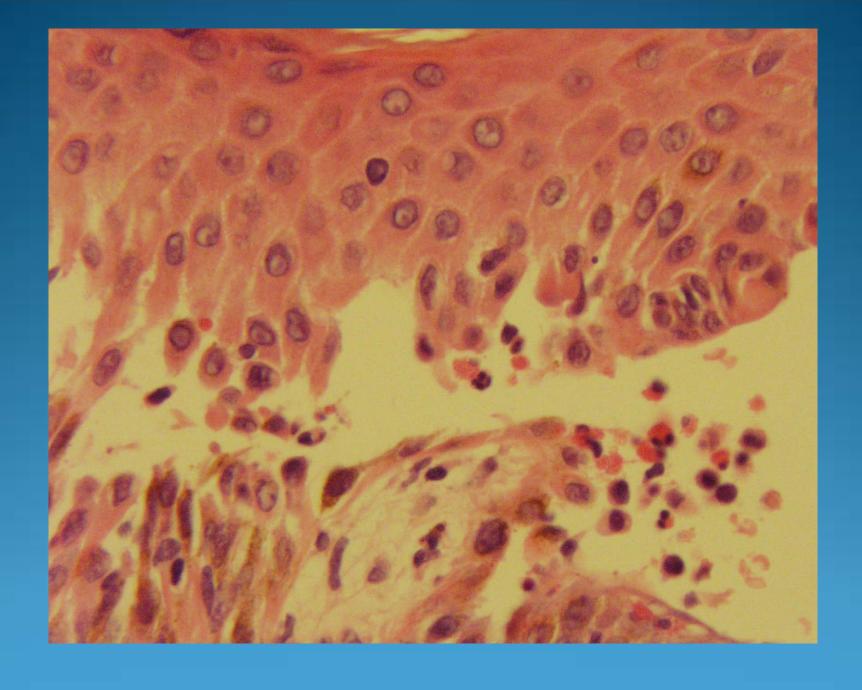
- Subepithelial blister with mixed inflammatory cells
- Perilesional epithelium shows linear IgG and complement
  - Technically difficult
  - 70% have circulating Ab to BMZ material

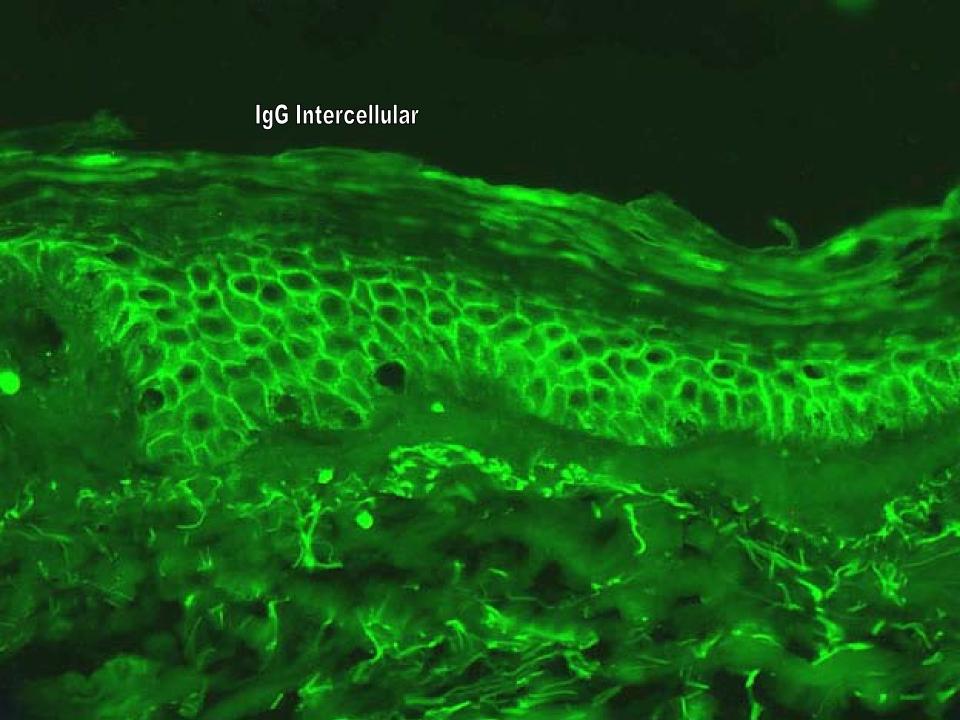












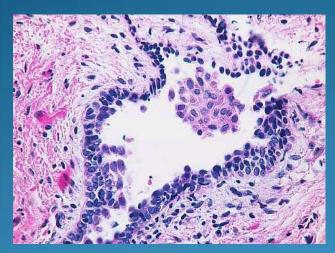
# Pemphigus Vulgaris

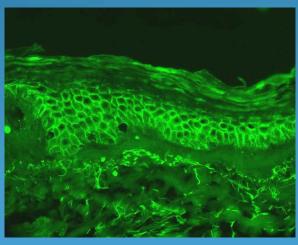
# Pemphigus Vulgaris



- Mucous membranes, usually oral cavity with erosions
- Flaccid and fragile skin blister filled with clear fluid that arises on normal skin or erythematous base
- Vegetating PV frequently in intertriginous areas and scalp or face
- Nikolsky sign
- Asboe-Hansen sign

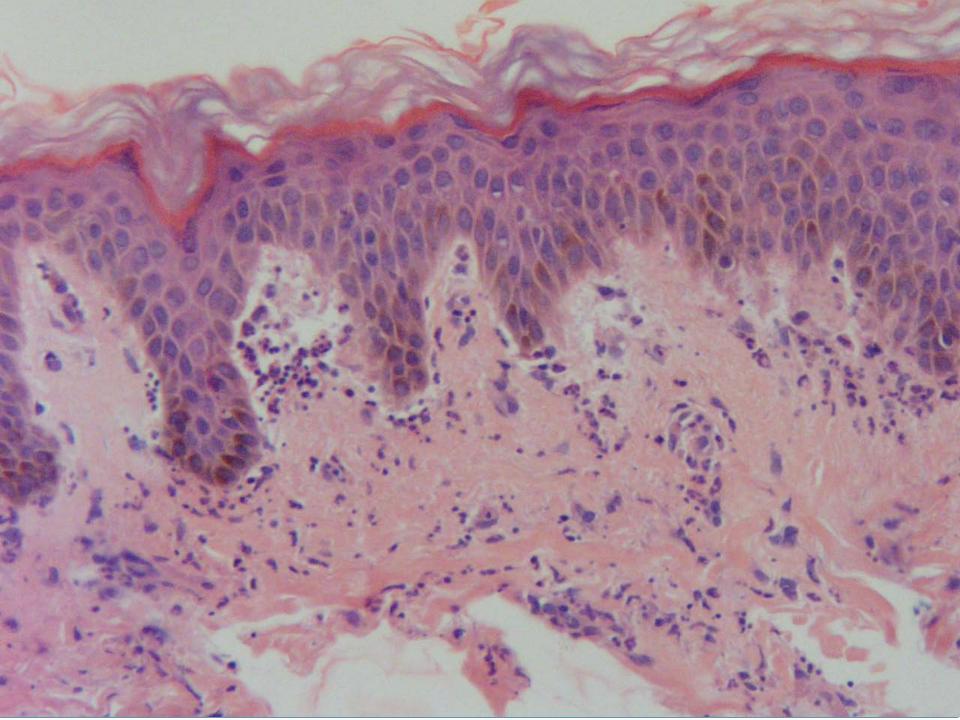
#### Pemphigus Vulgaris Histopathology

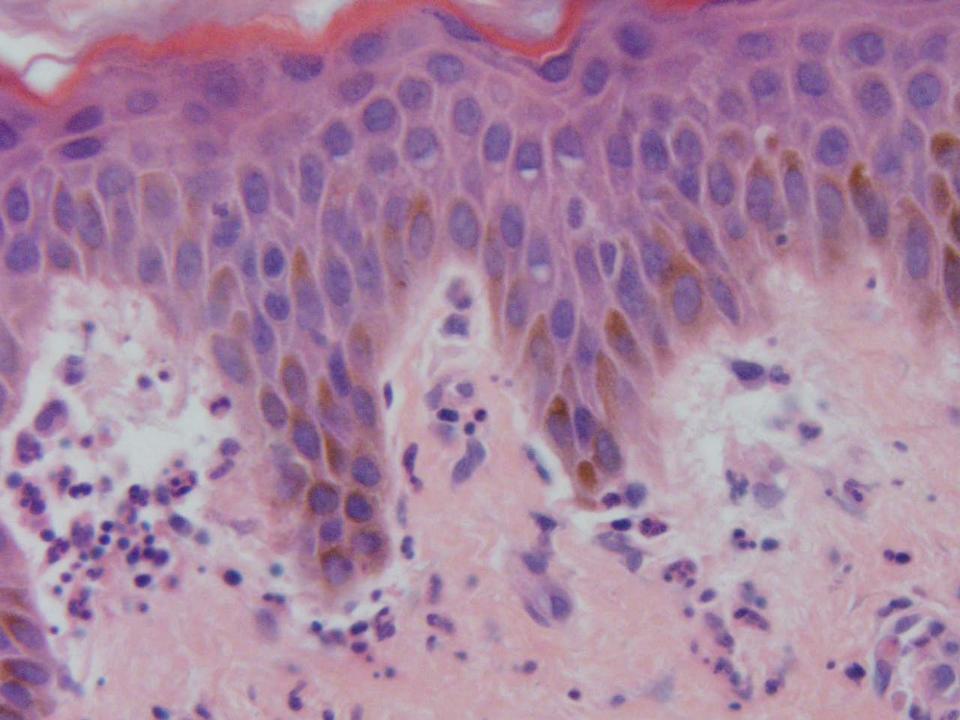


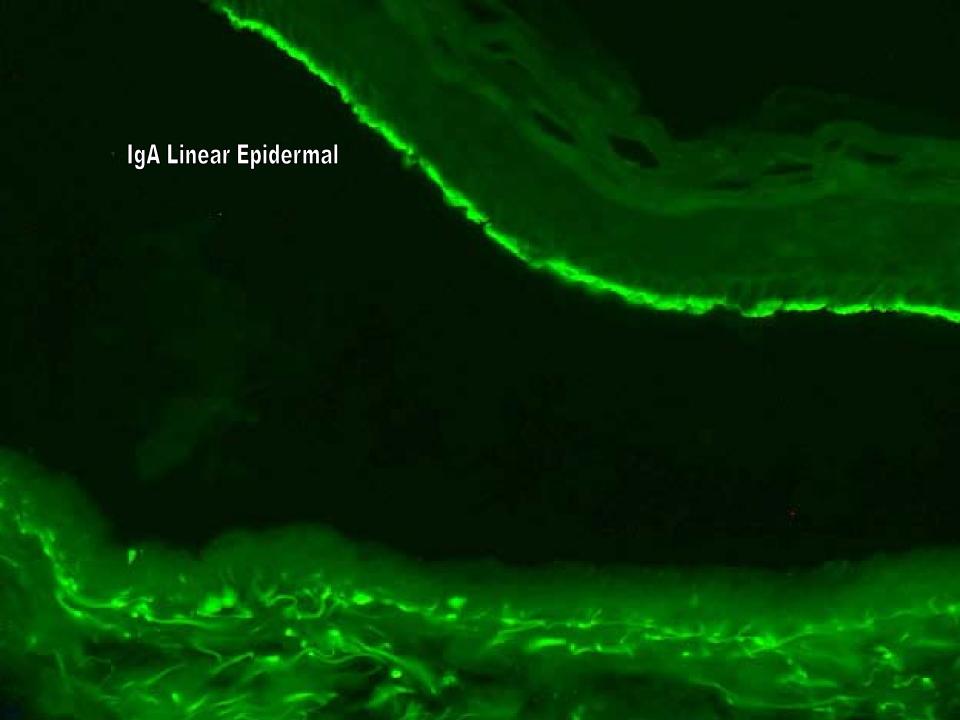


- Intradermal blister with suprabasal clefting and acantholysis
- May have preceding eosinophilic spongiosis
- DIF intercellular IgG
  - IgG1 and IgG4 subclasses
  - C3 and IgM less frequent
- IIF circulating IgG autoantibodies that bind to epidermis
  - 80-90% of patients
  - Ab titer correlates with disease course









Linear IgA Disease (Chronic Bullous Disease of Childhood)

# Linear IgA Disease



- Vesiculobullous eruption on trunk, inner thigh, and pelvic region
- Asymmetrical unlike DH
- No gluten association
- Mucosal scarring
- Cluster of jewels sign (Discrete or herpetiform pattern)
- String of beads sign (Annular or polycyclic lesions)

# Childhood lesions (Chronic bullous disease of childhood)



- Localized to the lower abdomen and anogenital areas with frequent involvement of the perineum
- Other sites of involvement include the feet, the hands, and the face, particularly the perioral area

# Linear IgA Disease-Adults



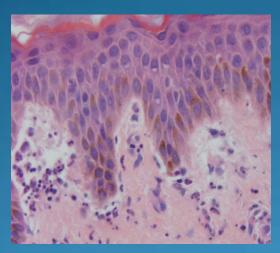
- Trunk and the limbs are most commonly affected
  - Perineum and the perioral area is less frequent

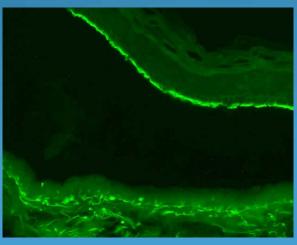
# Linear IgA Disease-Clinical



- Drug related
  - Vancomycin
  - Penicillin
  - Lithium
  - Dilantin
  - Diclophenac
- Lesions clear after cessation
- Rechallenge may have more severe changes

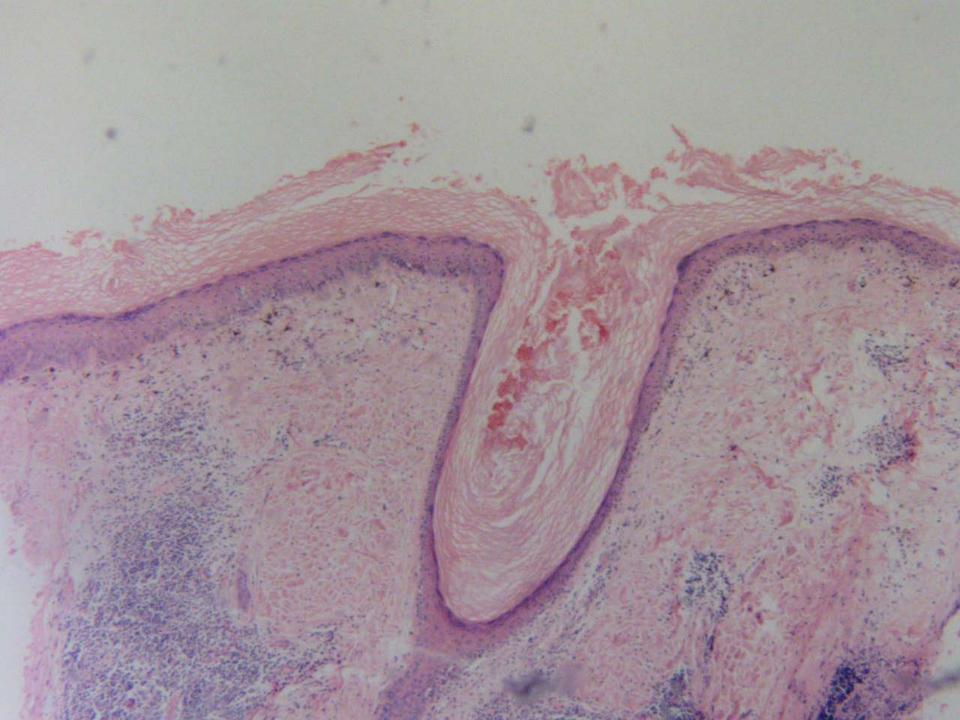
#### Linear IgA Disease-Histology and IF

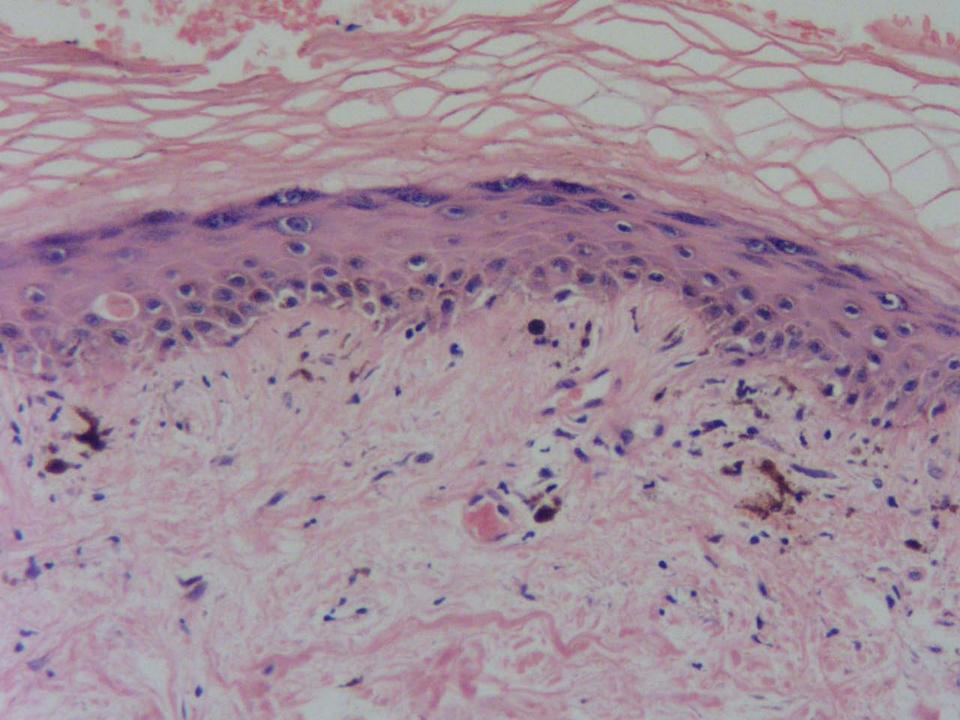


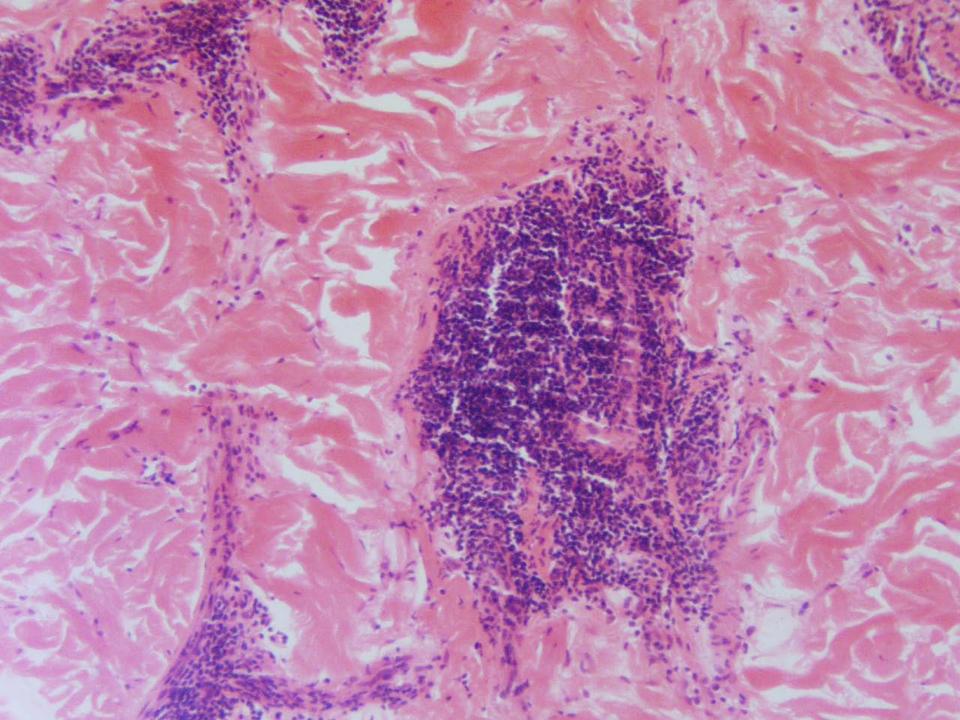


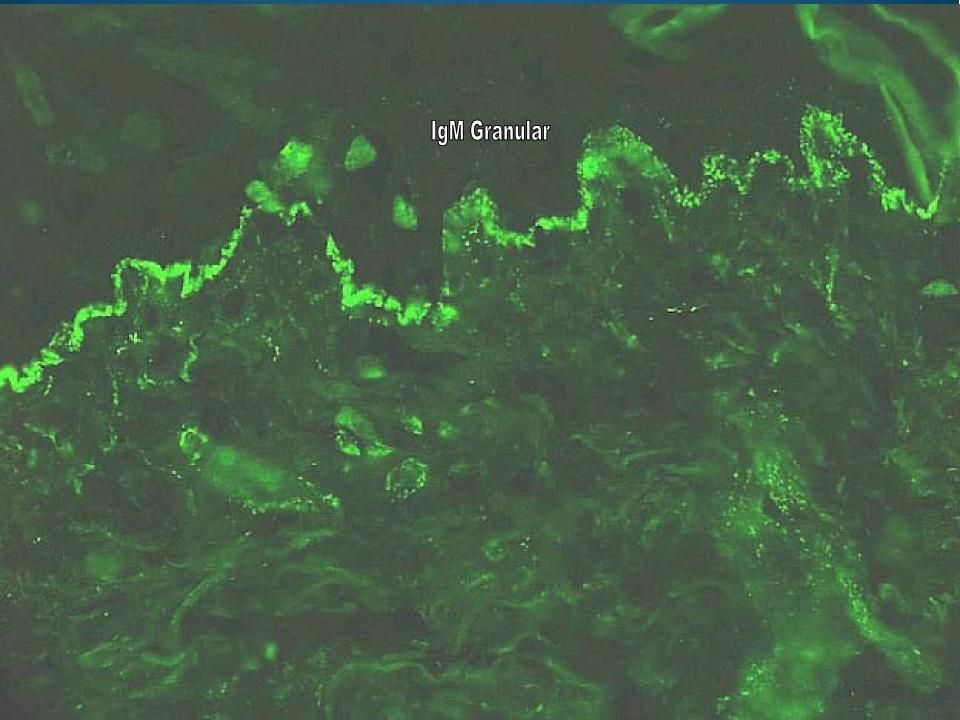
- Neutrophil rich interface dermatitis
- Homogenous sharp linear band for IgA
- Linear granular variant
  - No deposits within the dermal papillae, resembles DH
  - Low level of HLAB8 and gluten sensitivity unlike DH



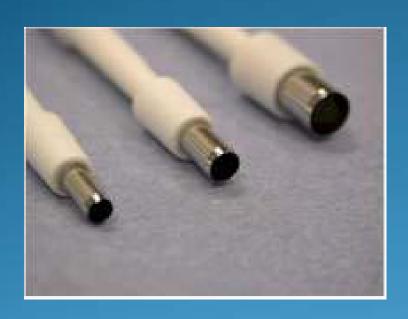








## Lupus Band Test



#### SLE

- Best specificity is to take biopsy of normal skin of sun-exposed forearm (Positive in 67%)
- Normal unexposed skin will be positive only in severe cases (35-40%)

#### DLE

 Biopsy of untreated skin lesion in exposed area that has been present for at least 3 months

## Lupus Band Test-Baseline

- Deposition of Ig at the DEJ in lesional and nonlesional skin
  - IgM most frequent deposit
  - IgA least frequent
- Granular pattern most frequent
  - Sharp linear band not accepted

# Baseline

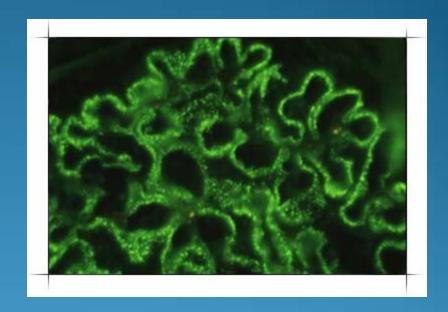
Sun	IgM continuous distribution over at least
exposed	50% width of biopsy with moderate intensity
skin	
	25% of normal skin show weak interrupted
	linear granular IgM/C1q
Non-sun	Interrupted IgM of moderate intensity
exposed	
	If IgA present, high specificity

# Sensitivity and Specificity

SLE	70-80% of patients with SLE in sun-exposed skin Non sun-exposed non lesional skin, only positive in SLE pts with severe extracutaneous disease and positive for DS DNA Positive in 90% interface dermatitis
DLE	Negative in non-scarring cases Positive in 90% interface dermatitis

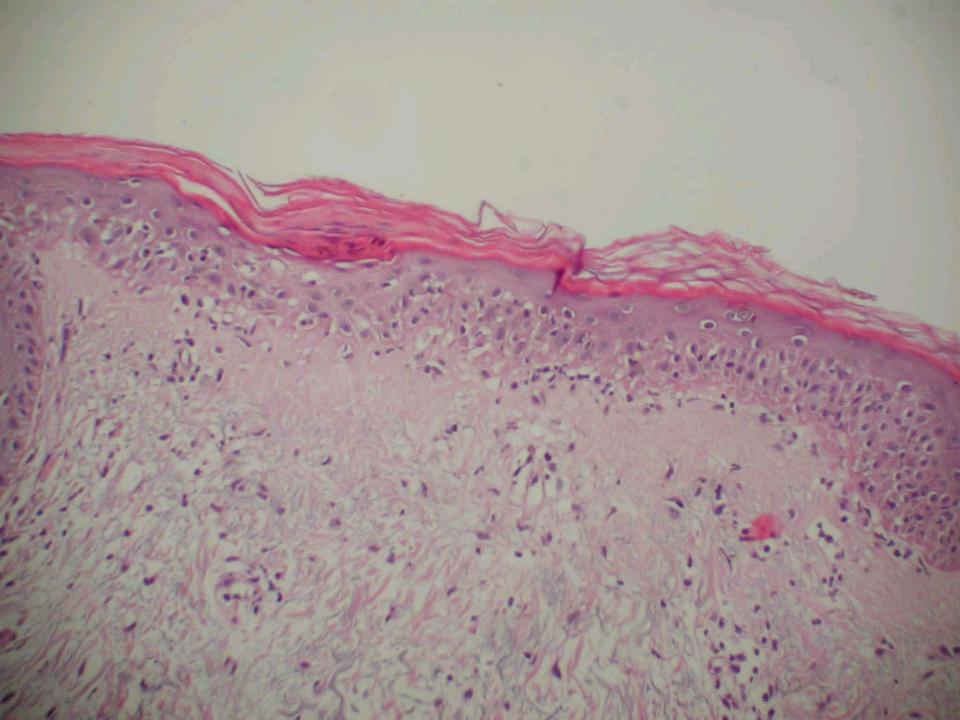
# Lupus Band Test and Prognosis

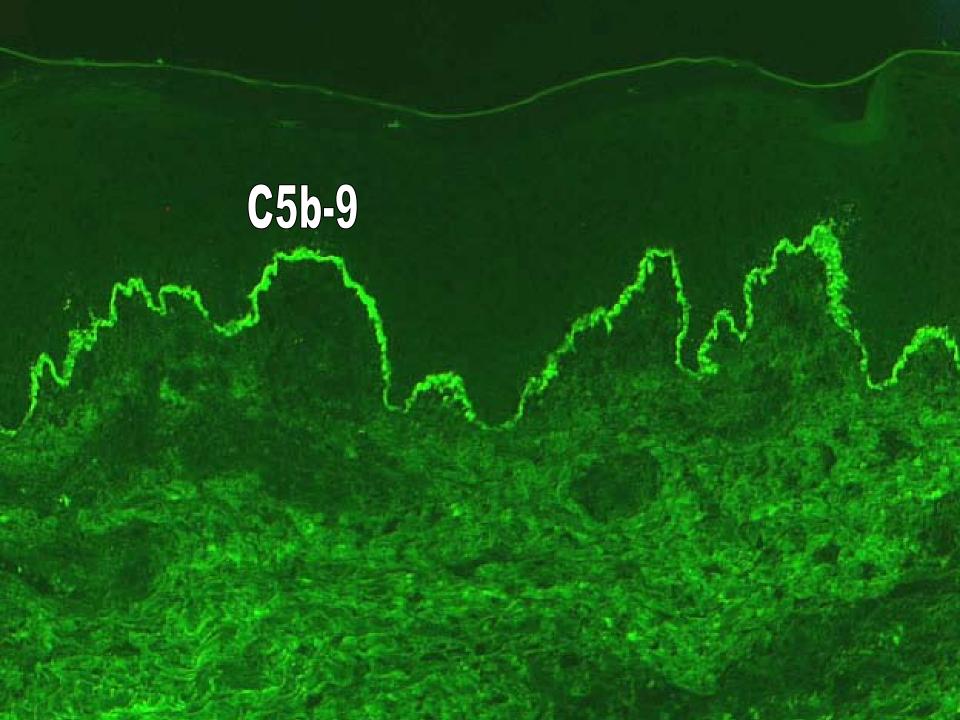
- 70% of patients with active nephritis with LBT on normal skin
- C1q deposits-higher incidence of renal disease

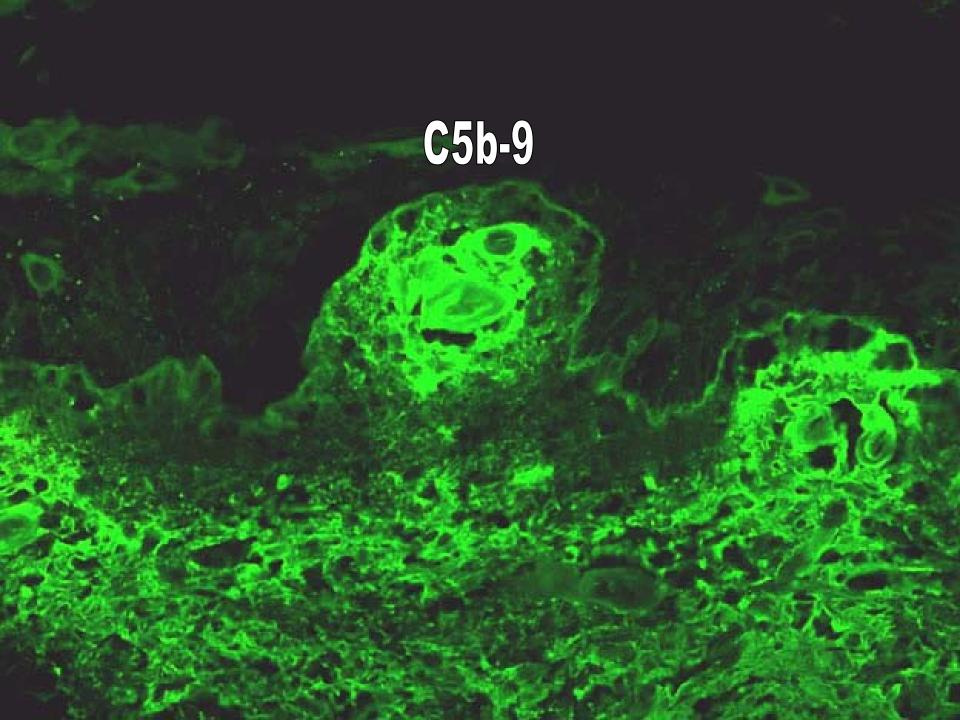












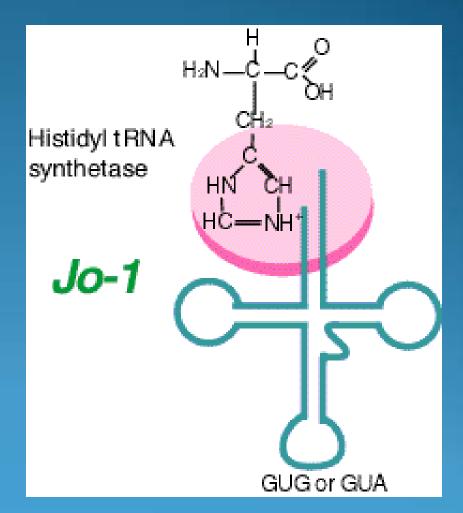


- Heliotrope rash and Gottron papules
- Malar erythema
- Poikiloderma
- Periungual telangiectases
- Poikiloderma may occur on exposed skin or the upper part of the back (Shawl sign)
- Photodistributed
- Facial erythema rarely

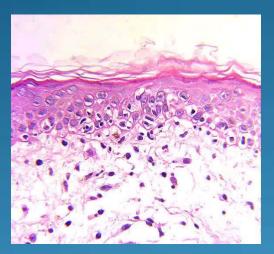


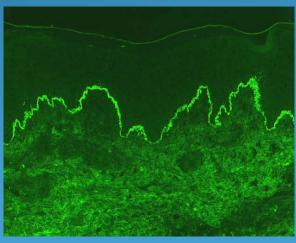
- Scalp involvement in DM is relatively common (coup d'sabre)
- Calcinosis of the skin or the muscle
  - Unusual in adults
  - 40% of children or adolescents
  - Calcinosis cutis manifests as firm yellow nodules

- Muscle enzyme levels abnormal
  - CK, AST, LDH
  - Myositis-specific antibodies (antisignal recognition protein and anti-Ku)
- ANA positive
  - Anti-Mi-1 is highly specific for DM, but it lacks sensitivity because only 25%
  - Anti-Jo-1 is associated with pulmonary involvement, more common in patients with PM than DM



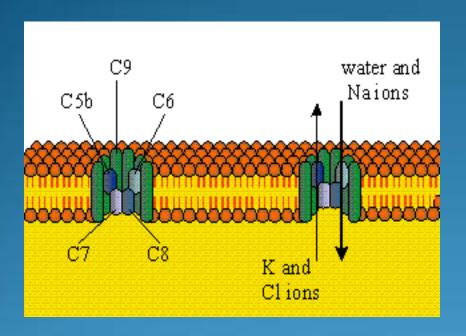
#### Dermatomyositis Histopathology



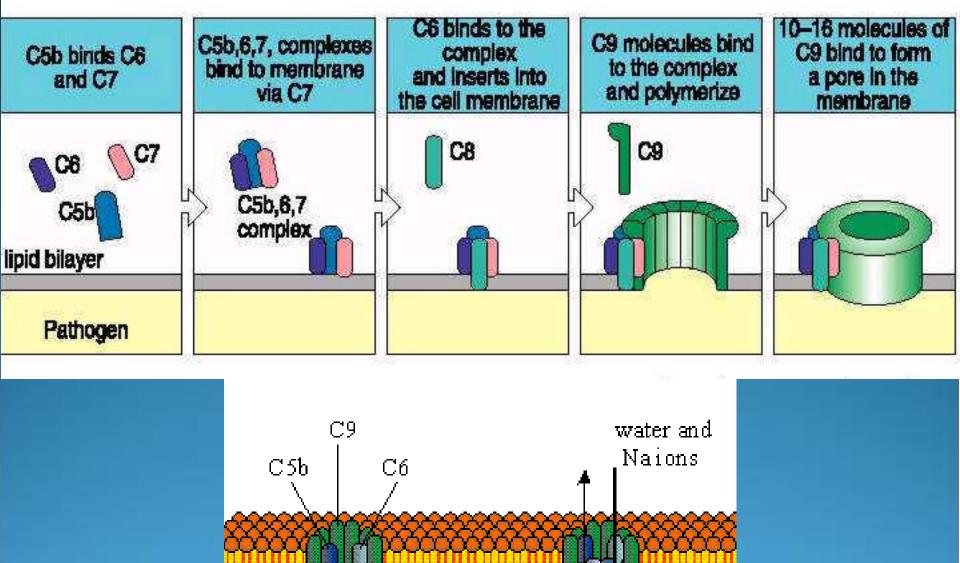


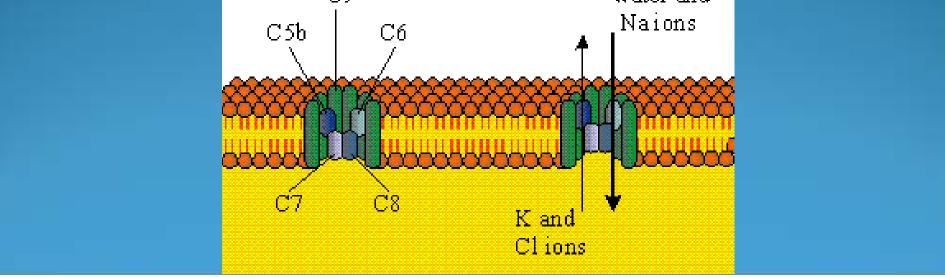
- Cell poor interface dermatitis with dermal mucinosis
- May be identical to DLE, SCLE, SLE
- DIF with Variable Lupus band
- Utilize C5b-9

#### C5b-9 and Disease



- Terminal complement, membrane attack complex (MAC)
- Formation of membrane pores allow circulating Ab access to nucleus and cytoplasm
- Represent activation of complement pathway within the BMZ





MAC Diseases and Patterns

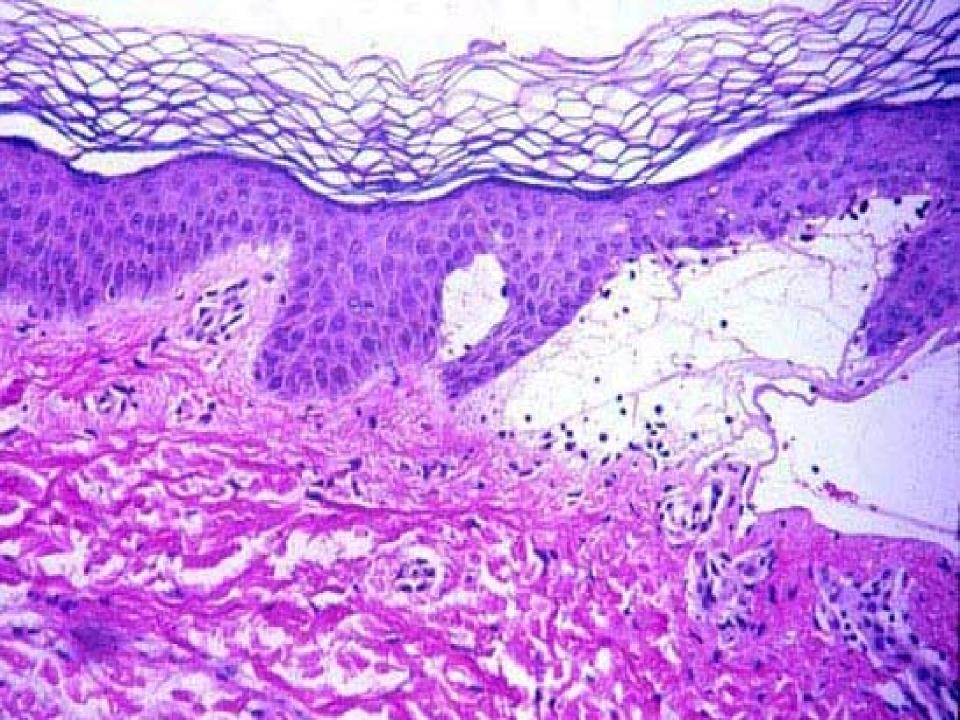
SLE	Intense granular DEJ 80%
SCLE	Granular DEJ 60% Granular nuclear/cytoplasmic epidermal
DLE	DEJ 60%
MCTD	Granular nuclear/cytoplasmic epidermal 100% DEJ 100%
Dermatomyositis	DEJ 90% Endothelial cells Dermal papillary capillaries

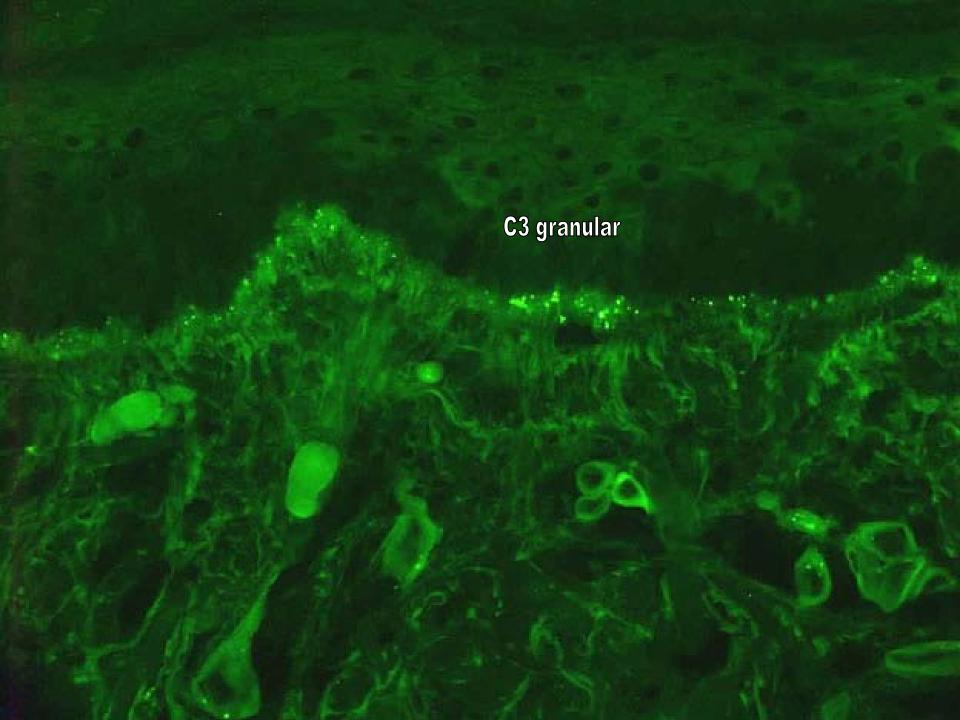
### Overlap



- Anti-Ro associated SLE, Dermatomyositis, and MCTD
  - Endothelial C5b-9
  - Endothelial cell necrosis and denudement
  - Reduction in vascular plexus
  - Granular and cytoplasmic decoration keratinocytes
  - Differentiate by LBT and clinical
- Non-lesional skin
  - Usually negative or very weak







# Epidermolysis Bullosa Acquisita

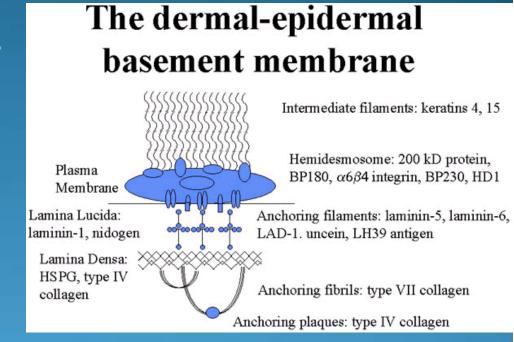
## Epidermolysis Bullosa Acquisita



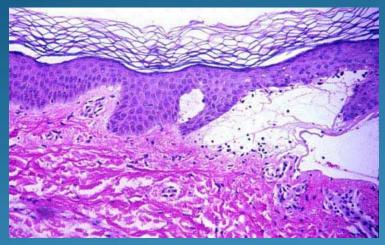
- Noninflammatory or mildly inflammatory form
- Extensor surfaces of hands, knuckles, elbows, knees, and ankles
- Blisters may be hemorrhagic
- Scar and milia
- Nail dystrophy and scarring alopecia rarely
- DDX:
  - AD epidermolysis bullosa dystrophica in children
  - PCT in adults

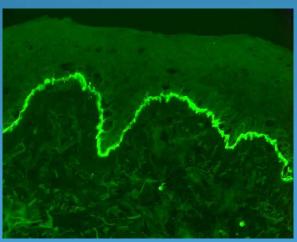
### EBA-Pathogenesis

- IgG autoantibodies targeting non-collagenous domain of collagen VII in basement membrane
- Subset of clinically milder EBA
  - IgA autoantibodies
  - IgG autoantibodies to the collagenous domain, rather than the NC1 domain of collagen VII



### EBA Histopathology

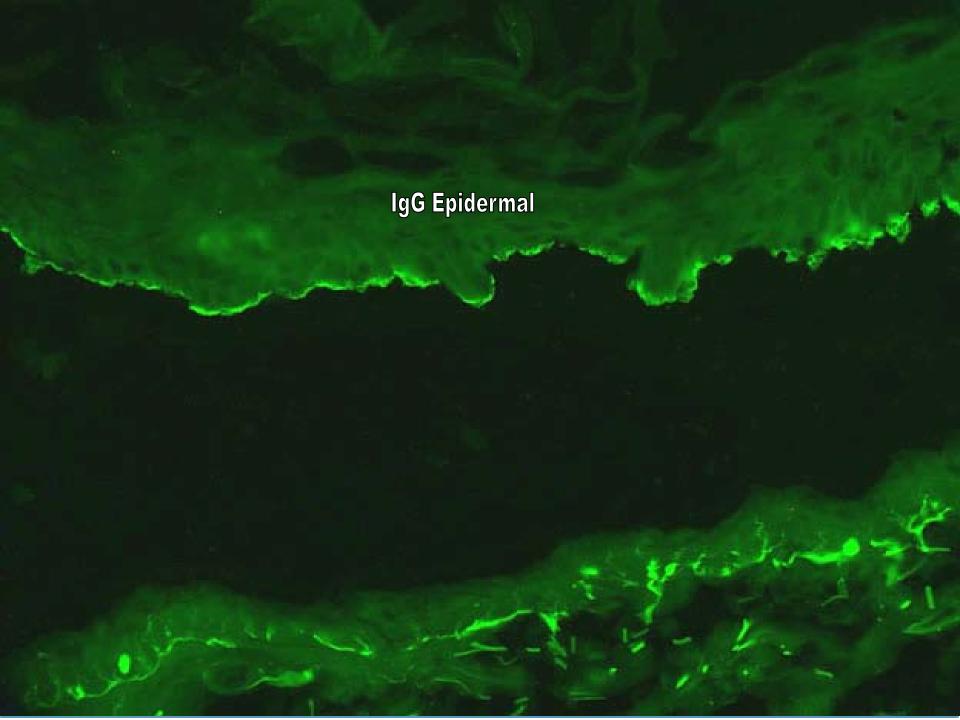


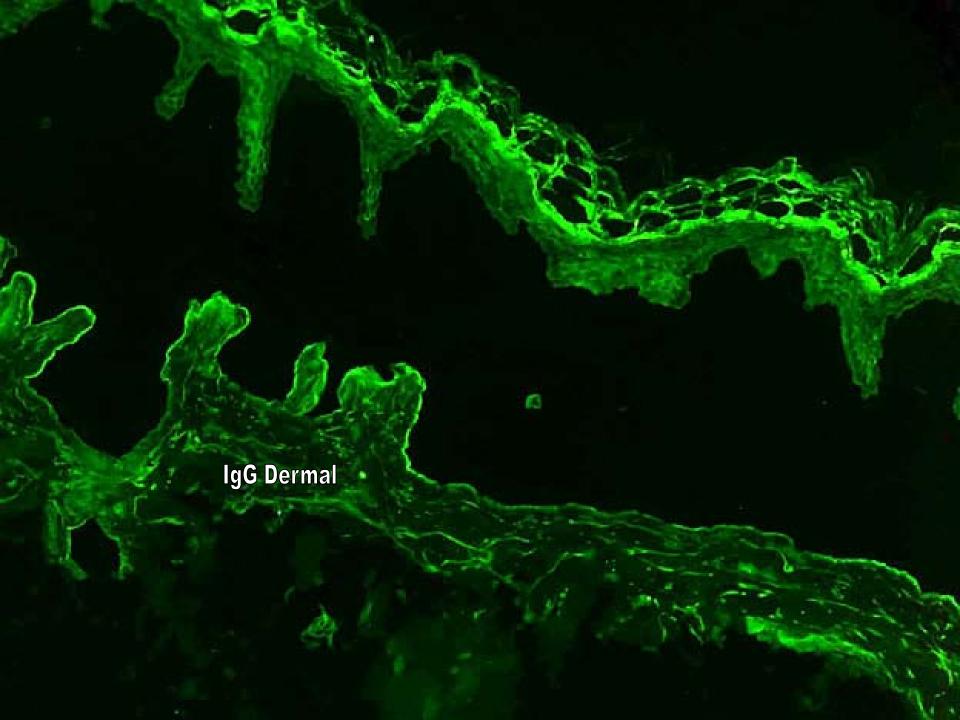


- Subepidermal blister with mixed inflammation
- DIF linear thick band of IgG, and to a lesser extent C3 at basement membrane zone
  - Occasionally IgM or IgA
- IIF IgG circulating autoantibodies in the patient's serum that target the skin basement membrane component, type VII collagen.
  - Bind to the dermal floor (lower part) on salt-split normal human skin substrate

### Salt-Split Skin Assay

- IIF-utilize patient's serum
- Incubate normal skin with 1M NaCl
- Separates the epidermis from dermis
- Epidermal half
  - Upper lamina lucida and hemidesmosomes
  - BP antigen
- Dermal half
  - Laminin 5
  - Lamina densa, anchoring fibrils

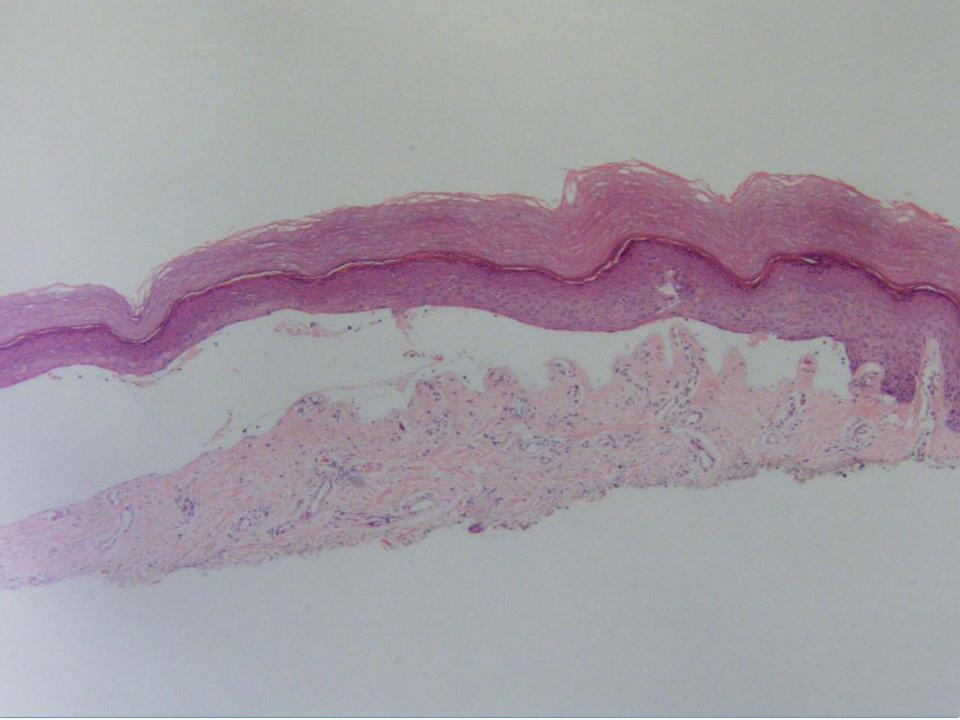


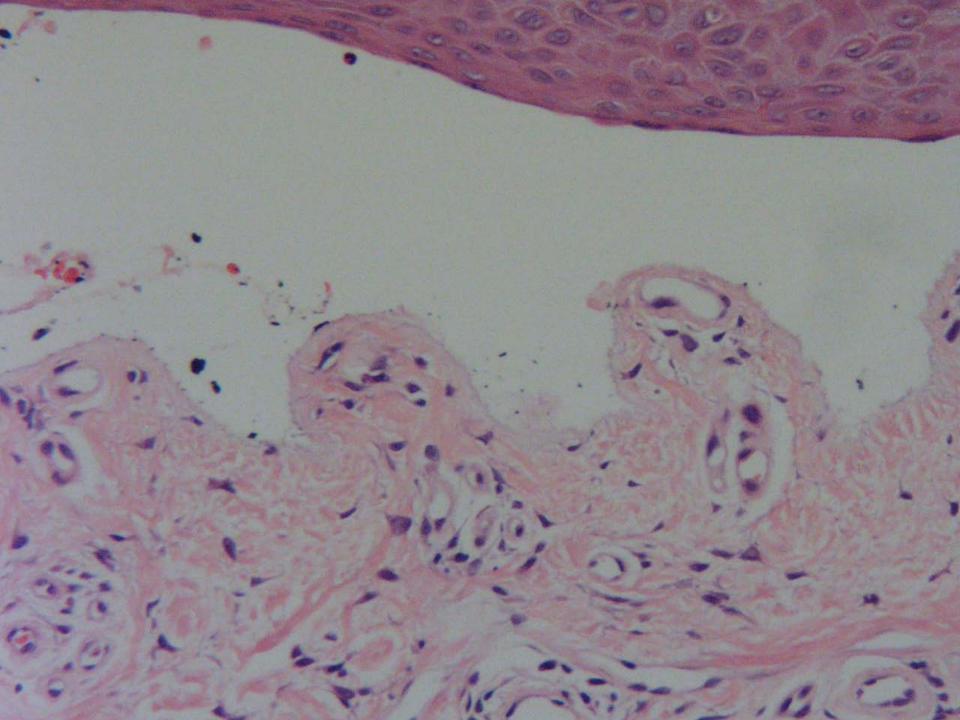


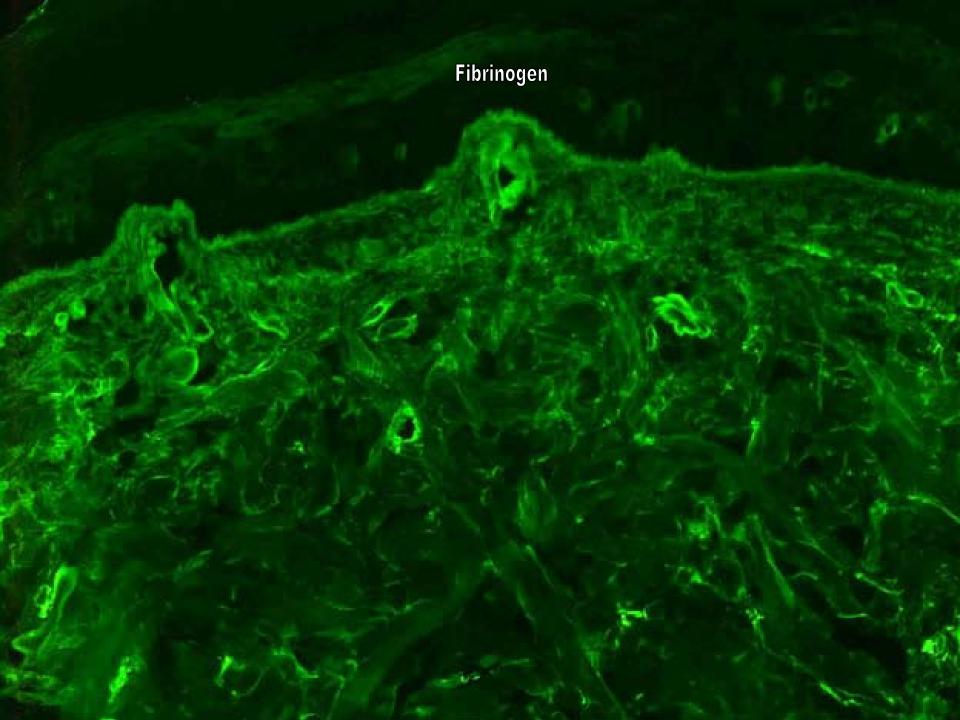
# SSS Assay

Split	Disease
Epidermal	Bullous pemphigoid
Dermal	EBA Bullous lupus erythematosus Anti-epiligrin cicatricial pemphigoid Anti-p105 bullous pemphigoid









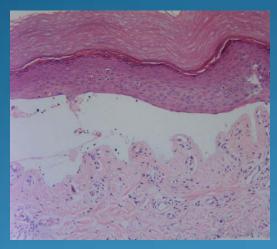
# Porphyria Cutanea Tarda

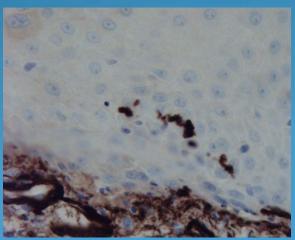
#### Clinical



- Fragility of sun-exposed skin after trauma
  - Erosions and bullae on the dorsal aspects of the hands, the forearms, and the face
  - Healing of crusted erosions and blisters leaves scars, milia, and hyperpigmented and hypopigmented atrophic patches.
- Hypertrichosis
- Sclerodermal-like plaques-upper trunk
- Melasma-like facies
- Erythematous suffusion face, trunk
- Scarring alopecia and onocholysis
- Urine sample may have a tea- or wine-colored tint

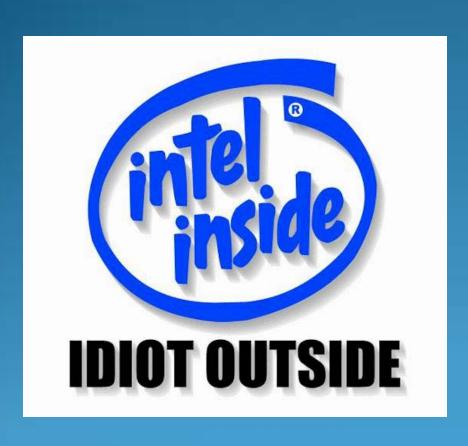
### Porphyria





- Subepidermal bullae with minimal dermal inflammatory infiltrate festooning of dermal papillae
- Thickened upper dermal capillary walls and dermoepidermal basement membrane zones
- Elastosis and sclerosis
- Trapped basement membrane zone (caterpillar bodies) in epidermal roof (Ab to Collagen IV/laminin)
- DIF with immunoglobulins and complement in and around the dermal capillaries and at the basement membrane zone

### Questions



 The trouble with facts is that there are so many of them.

Samuel McChord Crothers
The Gentle Reader